

Dental Creations

GENERAL & COSMETIC DENTISTRY

SEDATION INSTRUCTIONS

BEFORE APPOINTMENT: Arrive 15 minutes prior to your appointment time.



An adult (18 years or older) must drive you and escort you inside the office and not leave you until you have been seated in the dental chair.



Wear loose, comfortable clothing and a short-sleeved shirt to simplify access for IV sedation.



No eating or drinking 6 hours prior to treatment.



A complete medical history has been updated prior to your visit. If you develop a new illness, please notify our office.



NO stimulants before your appointment (i.e. caffeine, coffee, nicotine). NO alcohol or recreational drugs 24 hours prior to your appointment.



Do not drink grapefruit juice 1 week before or after your appointment.



If prescribed, take oral sedative with water one hour before your dental appointment. Please notify the doctor of any additional medications taken. Some may have already been discussed between you and the doctor.

AFTER APPOINTMENT



The designated driver will be contacted when the patient is within 30 minutes of being ready for pickup. We recommend the driver (or other responsible party) stay with the patient the duration of the day.



Stay hydrated as much as possible. Eat a soft, cool diet once the numbness has subsided.



No driving for 24 hours. No operating hazardous devices, heavy lifting or stair climbing until you have completely recovered. Make no important decisions or plan to work for 24 hours.

SCHEDULE FOR COMBINATION THERAPY

